

Art

Citrus Printing Process Art



Prepare one or more citrus fruits (orange, grapefruit, lemon, or lime) to create citrus prints or stamps to make art. There are a few different ways to prepare citrus fruits in order to use them as stamps to make art prints. Once the citrus fruit is cut in half, use one of the options described below to prepare oranges, lemons, and limes in order to stamp, and, paint with them.

OPTION 1 – LEAVE CITRUS FRUIT AS-IS

The first option is to leave the citrus fruit as-is and use them to stamp paint onto paper just as they are. This is the messiest option because the fruit juice mixes with the paint and makes the art prints nice and sloppy. This option works best as a sensory process art activity. When printed, the citrus fruit paint will first appear in giant blobs. More of the citrus details begin to show once the juice runs dry.

OPTION 2 – GENTLY SQUEEZE CITRUS FRUIT

The second option is to gently squeeze the juice out of each half of orange, lemon, or lime before using it to make art prints. This citrus printing technique is a bit less messy and shows some fun details of the citrus fruits if the paint is used sparingly.

OPTION 3 – CUT CITRUS SECTIONS OUT

The third option is to cut the juice sac out of each segment using a grapefruit spoon or a paring knife. This leaves the pattern of the citrus membranes intact for the printing process.

DIP OR PAINT CITRUS FRUITS TO USE AS STAMPS

There are two primary ways to load paint onto the citrus fruit in order to use it as a stamp to make art prints with. Place each tempera paint on a paper plate and dip the fruit into it to make prints, or, pour tempera paint in a muffin tray and use a paintbrush to paint the citrus fruits before making prints with them.

Rhyme

I'M A LITTLE TEA POT

I'm a little tea pot short and stout

Here is my handle (**make handle with arm**)

Here is my spout (**make spout with other arm**)

When I get all steamed up then I shout

Tip me over and pour me out (**lean to side to pour tea**)

Songs

"Food Adventure" by Boo Hoo Crew: <https://youtu.be/ZghcbL-u820>

"The Food on My Plate" by Jose-Luis Orozco: <https://youtu.be/nplLn50qqvQ>

"Eat Like a Rainbow" by Jay Mankita: <https://youtu.be/WCc0WXXKbK0>

"Ice Cream" by Asheba: https://youtu.be/Fkl6_jHno3w

Games

Marshmallow and Spaghetti Towers

Can you build a tall tower or cool building using only uncooked spaghetti and various sized marshmallows? What else can you create?

Pancake Faces

Set out some pancakes (or waffles!) and various fruits (and maybe even candies?), syrups and whipped cream to see just what kind of crazy faces they can come up with on their own. Can use toast instead of pancakes.

New Foods Challenge

Make a game out of trying new foods! If you have an adventure eater already, get a cookbook from the library that offers recipes from around the world, then travel through your taste buds! If your little one is more of a choosy eater, try an adventure of one new food (any choice) per week! If you need ideas, check out "The 52 New Foods Challenge" by Jennifer Lee (available here at the library)

Sensory Activity

Cereal Necklace

String cereal onto string to make a necklace! To make stringing easier, roll a piece of tape around the end of the string to make a shoelace type tip. Cereal can be anything you can string (fruitloops or cheerios are popular options)!

Vegetable Soup

Make some homemade vegetable soup and let your little one help select, wash, and (with supervision) cut the veggies! Fresh vegetable ideas: carrots, celery, potatoes, onions, green beans, broccoli, spinach, corn, mushrooms, zucchini, peas. Put the cut veggies into some broth in a pot and cook until tender!