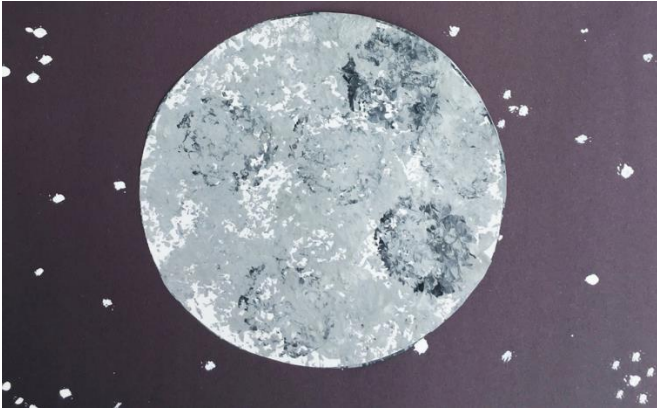


Art

Foil Printed Moon Craft



- Draw a circle on a piece of white paper
- Make a foil stamp by pressing the foil into a small measuring cup, or forming it with your hands



- Dip the foil stamp into different shades of grey/white/black and stamp it all over the circle
- Optional: after your moon is dry, cut it out and glue it to a piece of black paper – paint stars in the sky if you like!

Rhymes

ZOOM ZOOM ZOOM

Zoom zoom zoom (hands in prayer position, brush up 3 times)

We're going to the moon (point up to sky)

If you want to take a trip, climb aboard my rocket ship (pretend to climb)

Zoom zoom zoom (hands in prayer position, brush up 3 times)

We're going to the moon (point up to sky)

10, 9, 8, 7, 6, 5, 4, 3, 2, 1 (crouch down)

Blast off! (jump up and shoot arms upward)

BEND AND STRETCH (bend/stretch)

Bend and stretch reach for the stars

There goes Jupiter, here comes mars

Bend and stretch, reach for the sky

Stand on tippytoe oh so high

SPACE SHOT

Johnny looked at the moon (circle arms over head)
Johnny looked at the stars (wiggle fingers overhead)
He jumped in a rocket (palms together, waist high)
And set off for mars! (zoom hands up)

Songs

“Tastes Like Space” by 23 Agent Skidoo: <https://youtu.be/uRGys5HHs8c>

“Space Rock Rock” by Stevensteven: <https://youtu.be/OyJcotpxHhk>

“Constellation Conga” by Recess Monkey: <https://youtu.be/SMXGcMknKdY>

“What Is a Shooting Star?” by They Might Be Giants: <https://youtu.be/2EyWVMv4nio>

“Rocket Ship” by Bari Koral: <https://youtu.be/XjqPBHydQlc>

Games

Solar System Moves

Place the planets of the solar system around your house or outdoors. Have your child blast their rocket over to each planet and do the movement activity! See list below for ideas, or make up your own!

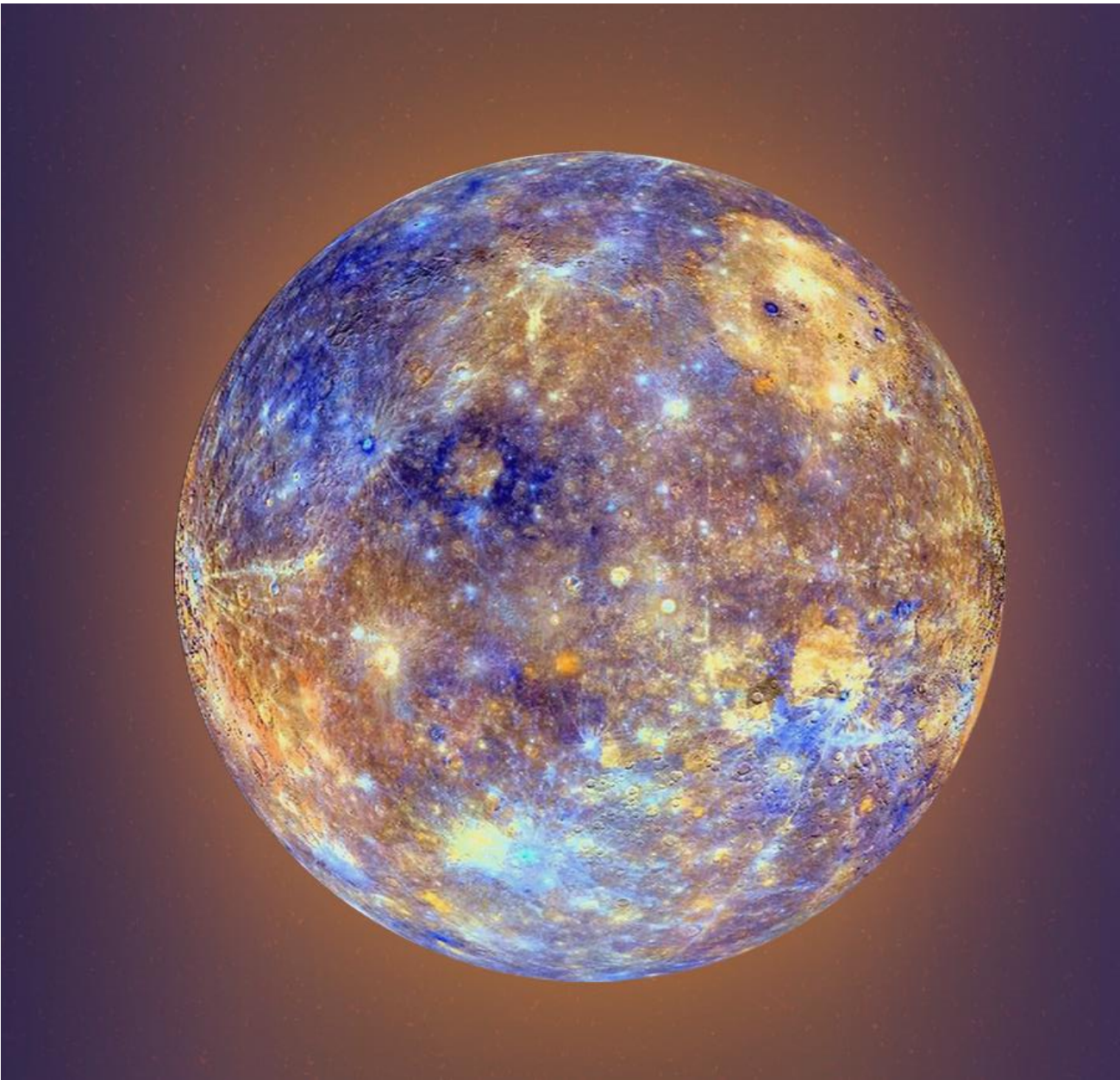
- Mercury: stretch way up high/touch toes/back up to stretch
- Venus: 10 jumping jacks
- Earth: run in place for 20 seconds
- Mars: see how long you can balance on one foot – then try the other foot!
- Jupiter: hop up and down 10 times
- Saturn: take 3 steps backwards (be careful!)
- Uranus: spin in a circle one way, then the other (just once each)
- Neptune: dance like you’re in outer space!

Sensory Activity

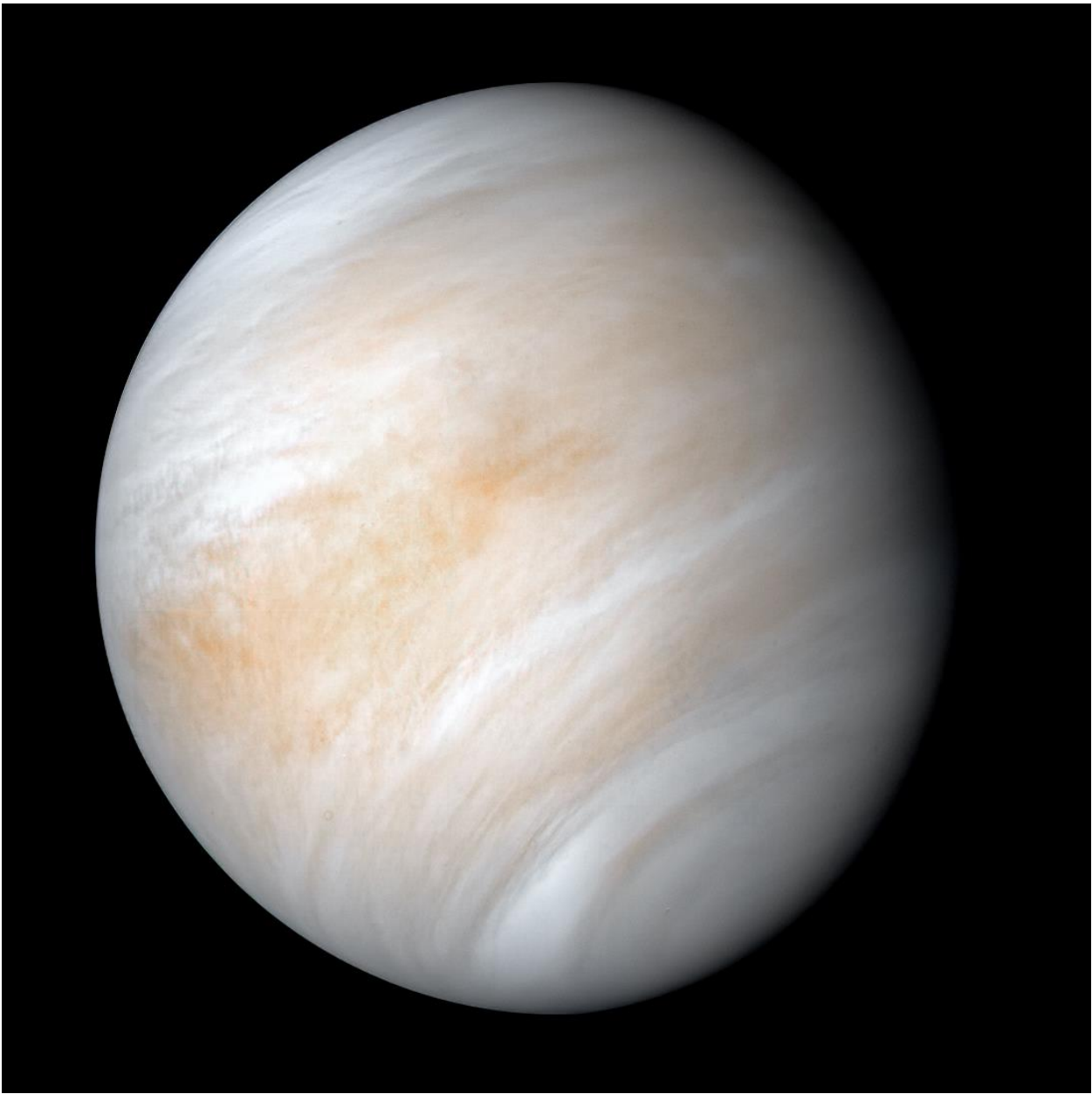
Moon Sand

- 1 cup cornstarch
- 1 cup light brown sugar
- 4 Tbs melted coconut oil or vegetable oil

Mix all ingredients together, play! Try using molds (such as paper cups or cookie cutters), tools (such as wooden spoons, small scoops, etc) or toys (cars, animals, etc). Add small rocks or glass jewels for decoration or landscaping!



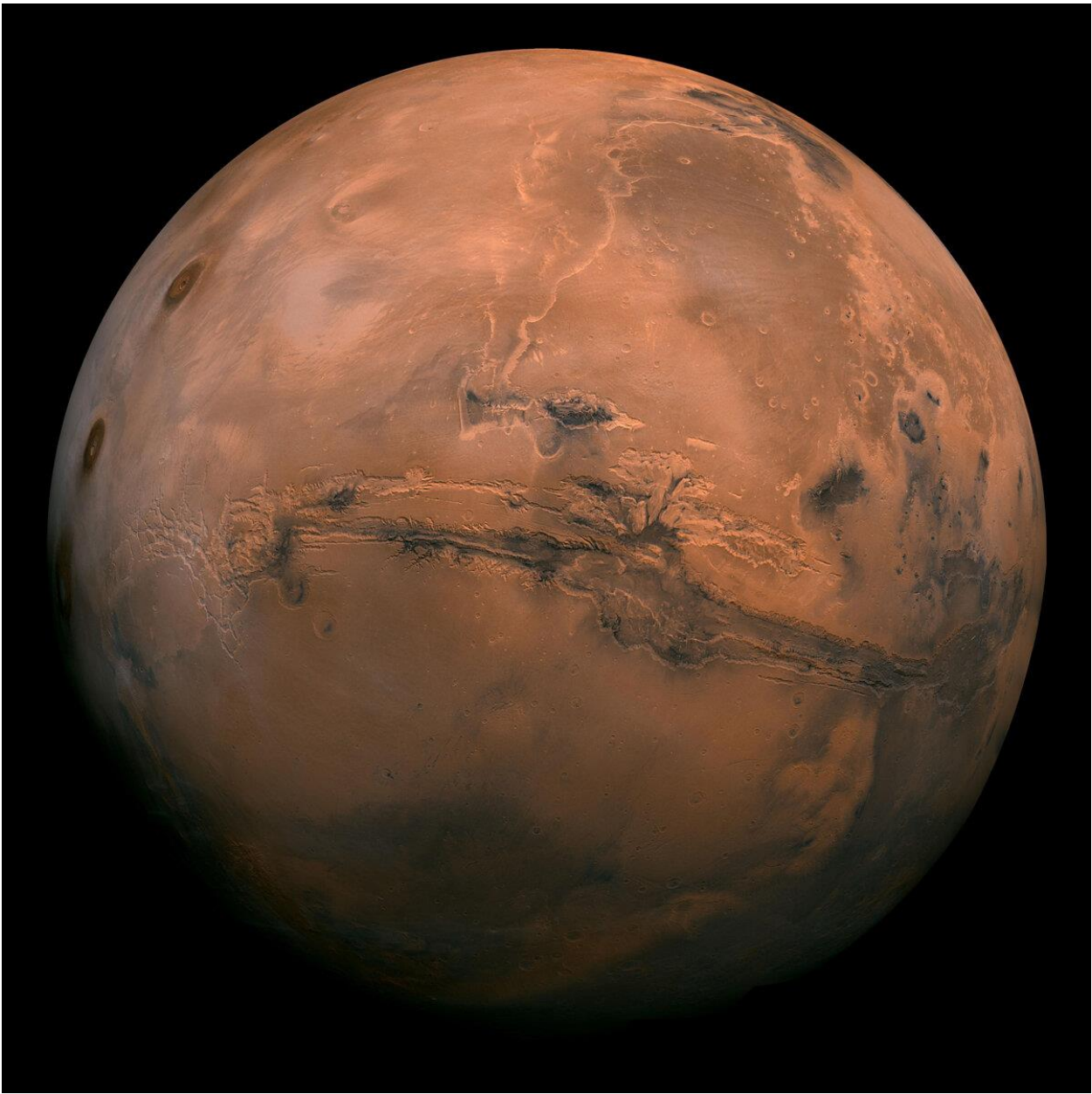
MERCURY



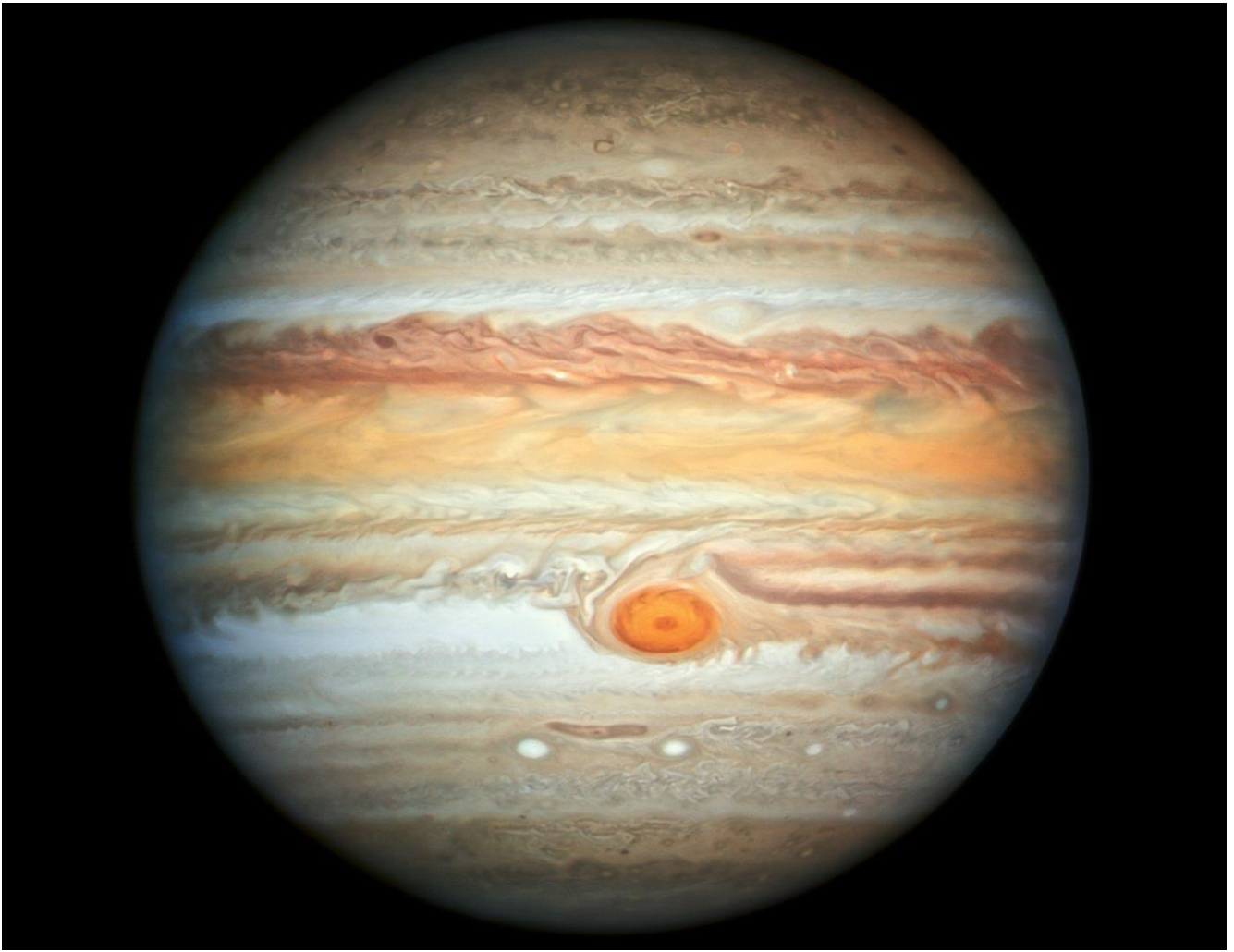
VENUS



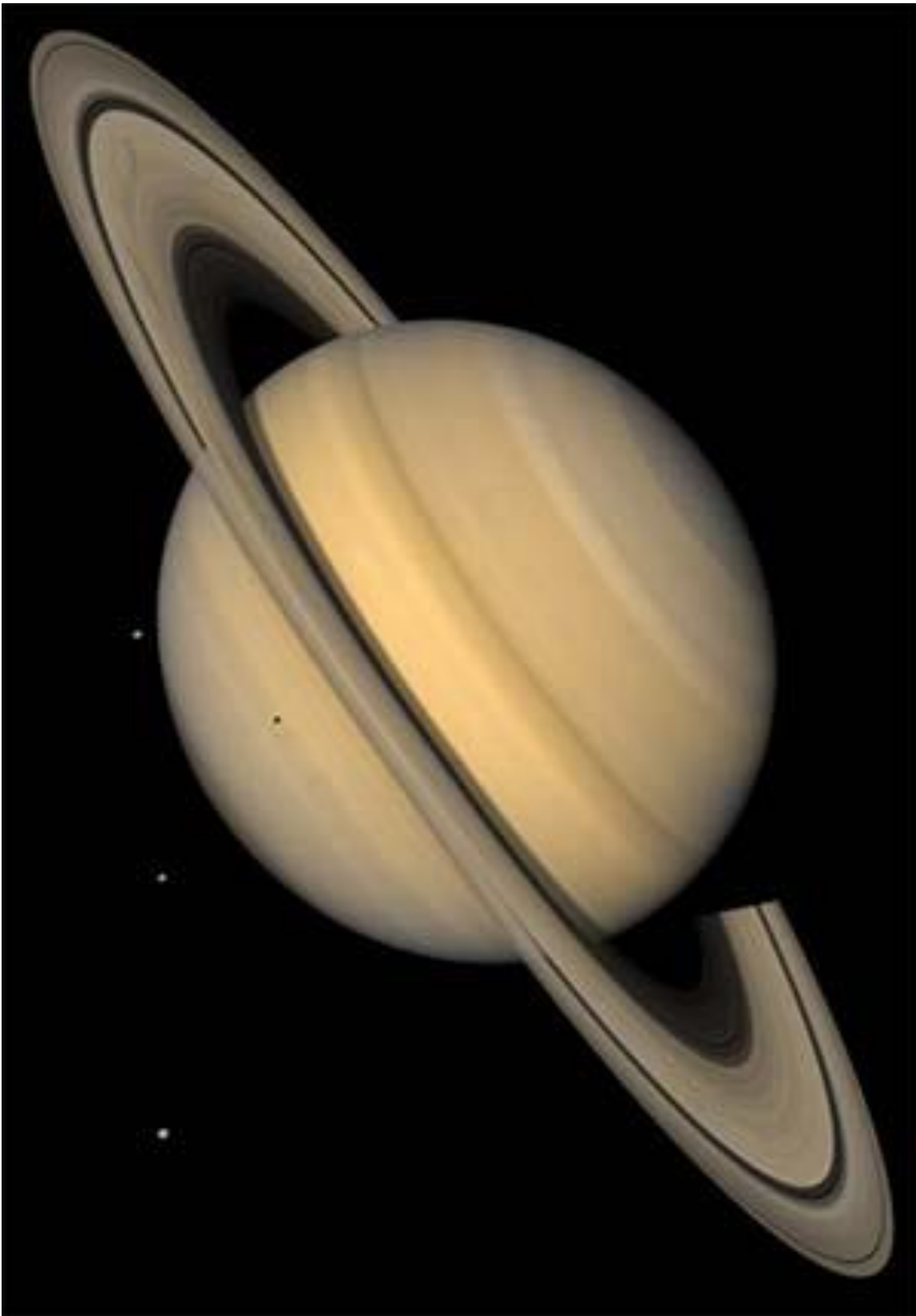
EARTH



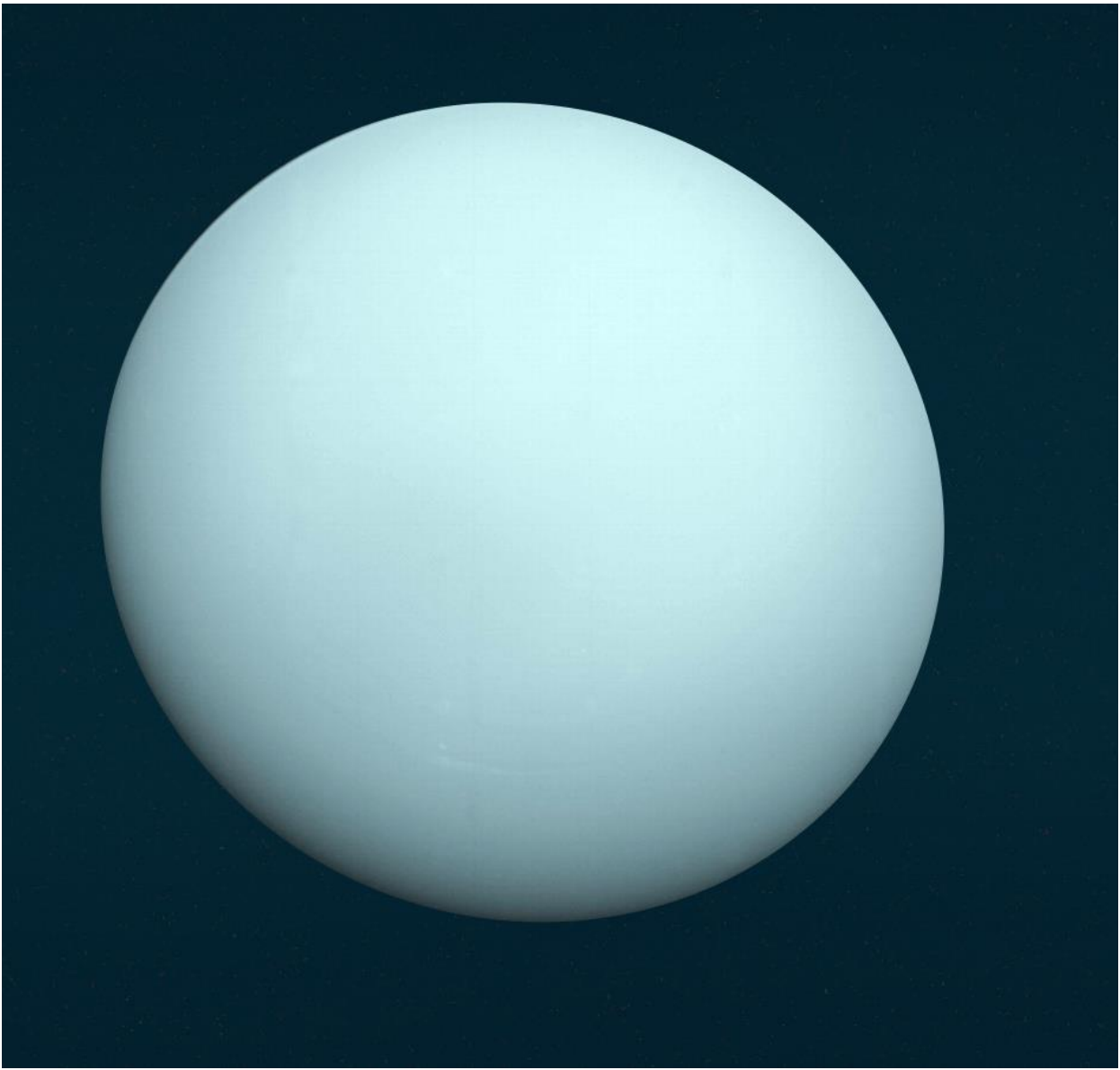
MARS



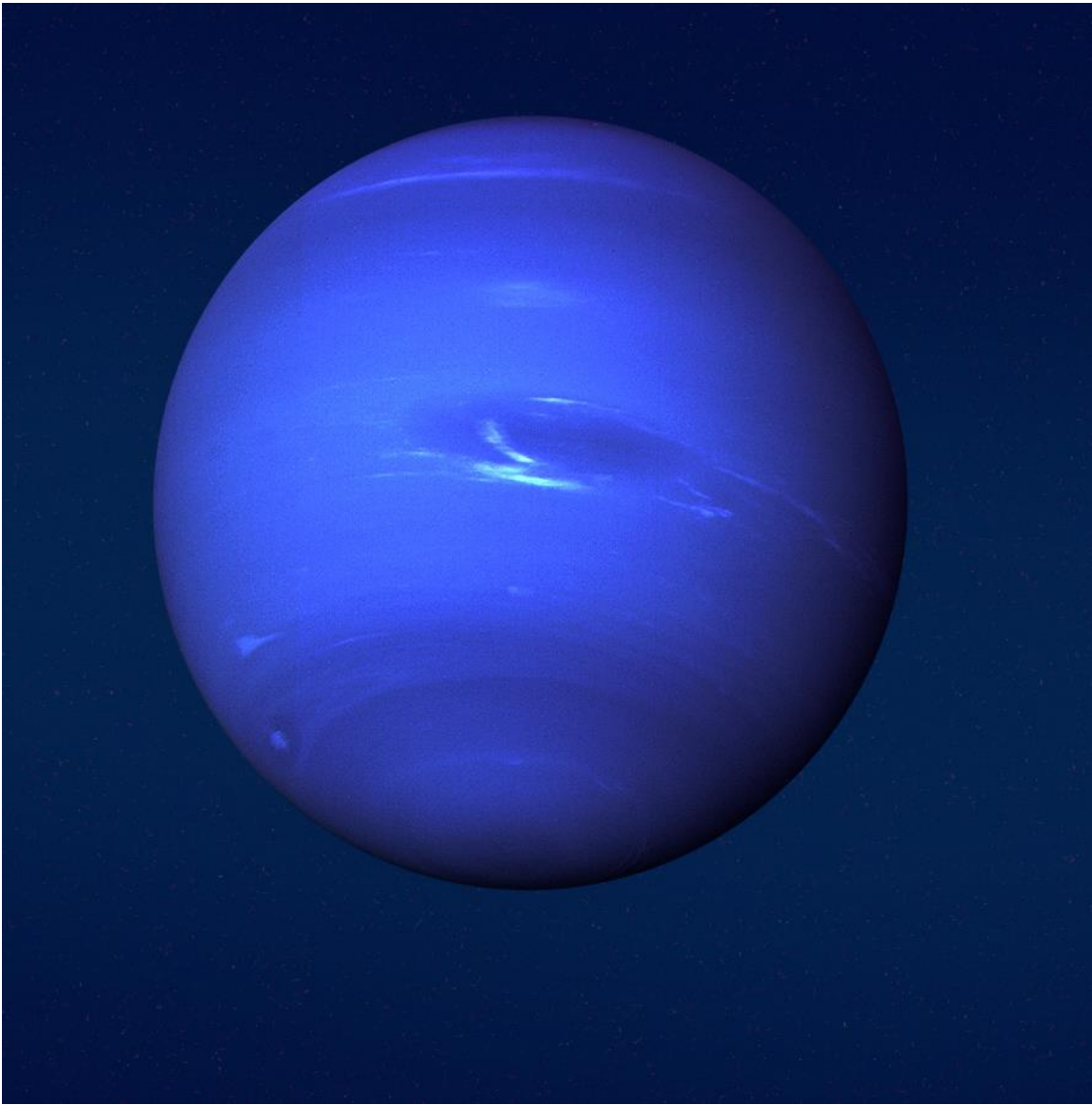
JUPITER



SATURN



URANUS



NEPTUNE