

Can You Make The Cut?



The Green Ladle is offering culinary training for adults interested in working in restaurants or the foodservice industry. It will be free for eligible participants.

The next session starts in January 2022.



To learn more call Lewiston Adult Education at 207-795-4141.



Region 9

Professional Driver Training

Tractor Trailer Class A, Class B

Driver Training Courses

Join the Professionals

Permit Preparation

MCSR Physical and Drug Testing

Individualized Training

Driving schedule will work with your schedule

Entry-Level Driver Training Certification

Job Placement Possibilities

Next Classes January 18, & April 4, 2022

To Register or for more information, call or write

Region 9

377 River Road Mexico, ME 04257

369-9058, 364-3764, 369-0150

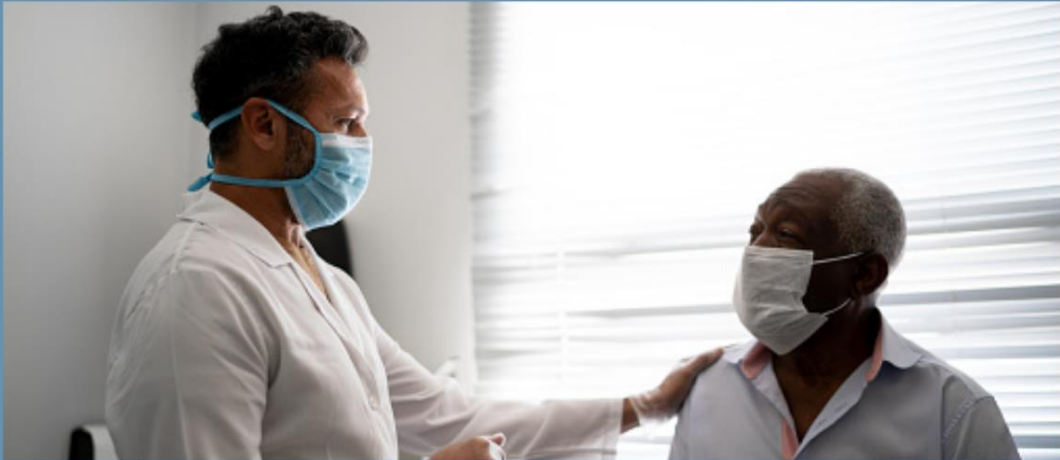
e-mail: enaples113@gmail.com

www.region9truckdriving.org



CERTIFIED CLINICAL MEDICAL ASSISTANT TRAINING

Hybrid class - Zoom and in-person



Jan. 25 - June 2 , 2022

Virtual classes M/Tu/Th 5:00-8:30p

In Person Labs in Hancock & Wash. Counties

Learn the skills for working in a clinical office.

- Assist the physician
- Prepare patients for examinations (vital signs, testing, and treatments)
- Phlebotomy and EKG
- Electronic Medical Records
- Medical Terminology
- Anatomy & Physiology
- Patient communication and referrals

*Includes texts and
materials.
Financial assistance for
scrubs and travel
available.*

Externship and National Certification

To apply or for more information call

RSU 24 Adult Education, Sullivan, 422-4794

RSU 25 Adult Education, Bucksport, 469-2129

Washington County Adult Education, 255-4917

www.rsu25.maineadulted.org

EARN WHILE YOU LEARN!

NorDx Phlebotomy School

Explore this exciting new collaboration between Maine Health/NorDx and Southern Maine Community College.

***Learn to be a Phlebotomist in just 6 weeks,
while you get paid full-time!***

This course is designed to provide students with the clinical knowledge and competency to become a highly skilled Phlebotomist and the opportunity to earn while you learn!

NEXT SESSION STARTS SOON

Monday – Friday, 7:30 a.m. – 4 p.m. at the Scarborough NorDx and SMCC
Clinical Assignments will be Monday - Friday at varying times and will be at a MaineHealth hospital site and Patient Service Center for full 8 hour shifts.

Employment Opportunities

Students who successfully complete the course will be hired in a Phlebotomy position at one of NorDx's various sites. Full-time and part-time positions are currently available.

Candidates must sign an agreement that they will work for NorDx for a minimum of 18 months after completing the course.



For full details &
to apply visit:
www.careersatmainehealth.org

Questions? Contact:
Adam Dougherty
adougherty@mainehealth.org
207-662-6318



Learn to Sew at Common Threads of Maine!

We are an intensive workforce training program teaching the art and skill of professional sewing. This class is offered for free to adults of all backgrounds. Participants are expected to apply for work in the sewing industry upon completion of the class.

Skills covered include:

- Operating a variety of industrial sewing machines
- Threading and troubleshooting sewing machines
- Sewing a variety of garments and accessories using many different kinds of fabric
- How to cut fabric using a pattern
- The basics of patternmaking
- Introduction to alterations and mending
- Resume writing and interviewing
- Contextualized English and Math

At the end of the class students are introduced to hiring agents from local companies. We continue to help students with applying for work and navigating work-related concerns long after the class has ended.

The next session runs from February 1st to early May, 2022.

The schedule is 8:30 am to 2 pm, Tuesday through Friday

To apply, visit www.commonthreadsmaine.org/sewing-school



Common Threads
of Maine

90 Bridge Street Suite 305
Westbrook, Maine
(207) 854-6900

Build Your Future with the Lewiston Construction Training Program



Coming February 2022

Earn a Work Ready credential, OSHA 10, RRP certification and learn all about workplace safety, hand and power tools, along with measuring, fractions, and basic geometry.

Call Lewiston Adult Education at 207-784-2928 for more information.



Students get work experience with local employers with opportunities for good-paying jobs following completion of training. To qualify, participants must: pass the CASAS test in reading and math, have the ability to work in the United States, and successfully complete a eligibility screening. Participants should be able to pass an employer-sponsored drug screening.

Design Team Partners in Education & Training





Looking for a rewarding job with benefits? Want to be paid while going to school?

Caribou Rehab and Nursing has received special funding to increase their number of CNAs (Certified Nursing Assistants). This funding will pay all costs for you to become a CNA and may even pay you \$15.25 per hour while in CNA class. All newly hired CNAs are currently receiving a **\$10,000 sign on bonus** (paid over ten months). If you wish to become a CNA, Caribou Adult Ed will be starting a new class shortly. You can use some of the \$10,000 sign on bonus as wages while in class if you prefer. The sign on bonus and the ability to use some of it while in CNA class is a **limited time offer**, so call **Caribou Adult Ed at (207) 493-4272** for more information.

CARIBOU/PQI REHAB WAGES & BENEFITS INCLUDE:

- Starting Wage of \$15.25; extra pay for evenings \$2.00, for weekends \$1.50, call in pay of \$3 for weekdays and \$5 per hour for weekends!
- 3 1/2 weeks' vacation/sick time
- Extra pay Holidays
- Health Insurance Assistance

CNAs are in great demand all over the country, including Aroostook County. If you are a caring person who truly enjoys helping other people, you will not find a more rewarding career. It is hard work, but the effort you spend in helping others is returned to you many times over with the satisfaction you bring home every day. You make a difference in other peoples' lives. For more information, Call Caribou Rehab at 498-3102 or Presque Isle Rehab at 764-0145.

Your health and safety are Job Corps' top priorities.
Learn about our COVID-19 policies and what to expect on campus at backtojobcorps.com.

Do you know someone
looking for a fresh start?

Help them find it at Job Corps.

**Job Corps is the nation's largest free
residential career training and education
program for young people ages 16–24.**

**To enroll in the program, students must
meet eligibility requirements.**

- Are income-eligible ✓
- Are committed to improving their education
and future ✓
- Are in need of job skills training, education,
counseling, or related assistance to help get
started on a career pathway ✓
- Are between the ages of 16 and 24 ✓
- Are a U.S. citizen, a legal U.S. resident, or
are a resident of a U.S. territory and/or are
authorized to work in the United States ✓
- Do not use drugs illegally under federal law ✓
- Do not exhibit behavioral problems that could
prevent themselves or others from success in
Job Corps ✓
- Do not have certain criminal convictions or
require court supervision ✓

**With 100-plus centers nationwide, a fresh start
is waiting at Job Corps.**

Learn more about Job Corps and how students can
begin the application process at jobcorps.gov or
by calling 1-800-733-JOBS.



**CAREERS
BEGIN HERE**



Job Corps is a U.S. Department of Labor Equal Opportunity Employer Program. Auxiliary aids and services are available upon request to individuals with disabilities. TDD/TTY telephone number is (877) 889-5627.

50-414 09.21

The health and safety of our students are Job Corps' top priorities.
Learn about our COVID-19 policies and procedures at backtojobcorps.com.



CAREERS
BEGIN HERE

WHAT IS JOB CORPS?

Job Corps' mission is to educate and train highly motivated young people for successful careers in the nation's fastest-growing industries.

JOB CORPS AT A GLANCE

| | |
|----------------|--|
| ESTABLISHED | 1964 |
| OVERSIGHT | U.S. Department of Labor, Employment and Training Administration |
| STRUCTURE | Mostly residential program, open entry and exit |
| LOCATIONS | 121 Job Corps centers, in all 50 states and Puerto Rico |
| STUDENTS | Approximately 50,000 served each year |
| AGE RANGE | 16 through 24 |
| LENGTH OF STAY | Completion times vary by training area |

KEY BENEFITS

Job Corps offers career technical training in high-growth industries.

Students can earn a high school diploma or the equivalent, or college credits through Job Corps.

Job Corps is tuition-free to eligible young people and provides housing, meals, basic medical care, a living allowance, hands-on training, and preparation for a career.

After students complete the program, Job Corps offers transitional support services, such as help finding employment, housing, and transportation.

Job Corps graduates either enter the workforce or an apprenticeship, go on to higher education, or join the military.



"Nobody is ever successful in life without an army of people or support system to guide them. Job Corps gave me my second chance in life, and without them I wouldn't be here. This is just the beginning of my journey to success and happiness."

JESSE R.

Jesse is an Advanced Culinary Arts graduate from the Treasure Island Job Corps Center in California.

jobcorps.gov (800) 733-JOBS [5627]



Job Corps is a U.S. Department of Labor Equal Opportunity Employer Program. Auxiliary aids and services are available upon request to individuals with disabilities. TDD/TTY telephone number is (877) 889-5627.



[doj.jobcorps](https://doj.jobcorps.gov)

50-420 10.19



U.S. Small Business
Administration

**Are you interested in starting your own business?
Please join us for Virtual
Boots to Business
A Free, Two-Day Entrepreneurial Training for Veterans**

**February 23/24, 2022
8:30 am – 4:00 pm**

**Online class to register for the training
please use this link:**

<https://sbavets.force.com/s/>

When you get to this link, go to the calendar
and select: **Online Portsmouth, NS, ME**

Boots to Business is a two-step training program developed to introduce Veterans and transitioning service members to business ownership. This 2-day workshop helps ensure that every participant has access to a standardized entrepreneurship training track and the small business resources in their local communities. Any veteran, spouse and/or dependent children over 18 are welcome to participate!

After completing the 2-day Boots to Business session, participants will have the tools and knowledge they need to identify a business opportunity, draft a business plan, connect with local small business resources, and launch their small business. If you have any questions, please contact Miguel Moralez at 603-225-1601 or email miguel.moralez@sba.gov

EARN WHILE YOU LEARN!

Medical Assistant Apprenticeship Opportunity

The Medical Assistant Apprenticeship is an exciting collaboration between Maine Medical Partners, Southern Maine Health Care, MaineHealth, and Southern Maine Community College.

Become a Medical Assistant in just 9 months while working part time honing your skills in a physician practice!

This all-expense paid, accelerated program will provide you with paid, on-the-job training and mastery of MA skills learned in the classroom.

Participants will work part time in one of the following physician practices while attending class at SMCC, perform their externship hours, & prepare to take their CMA or RMA exam upon completion of the program.

Southern Maine Health Care Practices:

- Biddeford Internal Medicine
- Sanford Family Medicine
- Kennebunk Primary Care
- Kennebunk Pediatrics

Maine Medical Partners Practices in the Greater Portland Area

- Primary Care
- Pediatrics
- Specialty Care



**Maine Medical
PARTNERS**

A department of Maine Medical Center



**Southern Maine
Health Care**
MaineHealth

To apply visit:
www.careersatmainehealth.org

**Questions? Contact
Nikki Bevans:**
nbevans@mainehealth.org
207-662-9109



**SOUTHERN
MAINE
COMMUNITY
COLLEGE**

*This training has been generously funded
by the Harold Alfond Foundation.*

Experience why "Bath Built is Best Built" and train for a career in shipfitting, pipefitting and trades at BIW.

MANUFACTURING



TECHNICIAN TRAINING



**GRANT
Free Training &
\$500 Weekly
Attendance
Incentive
FUNDED**



WHAT

Topics covered include:

- Blueprint reading
- Technical math
- Hand & power tool operation & safety
- Operation of air tools
- Oxy cutting
- Tack welding
- Basic layout
- Material handling
- Drilling & fastening
- and more



WHEN

ROLLING CLASSES
*Inquire now to get the
process started!*



WHERE

SMCC Midcoast Campus
29 Sewall Street,
Brunswick, ME

Prerequisites:

- At least 18 years old
- High School diploma, GED or HiSet
- U.S. Citizenship and/or authorization to work in the US required. Additional hiring restrictions may apply.*
- No trade experience required
- Testing may be required

Thank you to our partners:



GENERAL DYNAMICS
Bath Iron Works

INTERVIEWS: General Dynamics Bath Iron Works will conduct job interviews with qualified applicants upon successful completion of the program.

For More Information and to Get Started Now,
email **workforceregistration@smccME.edu** or call **207-741-5955**

Southern Maine Community College does not discriminate on the basis of race, color, religion, national origin, sex, sexual orientation, disability, age or marital, parental, or veteran's status in its programs and activities. For more information, please call 207-741-5798. *Applicants who are not US Citizens and are from prohibited countries as designated in the US International Traffic in Arms Regulations may be disqualified from working at GDBIW. For a current list of prohibited countries please visit the following website: https://www.ecfr.gov/cgi-bin/text-id?node=22:1.0.1.13.638rgn=div5#se22.1.126_11.

WELDING ACADEMY



Experience why "Bath Built is Best Built"
and train for a career in welding at BIW.



WHAT

Topics covered include:

- Out of position fillet welds, groove welds, vertical welds, stick and flux core/mig
- Oxy and plasma cutting
- Plasma arch gauging
- and more!



WHEN

ROLLING CLASSES

**Inquire now to get the
process started!**



WHERE

**SMCC Welding Lab
54 Orion St.
Brunswick Landing**

Prerequisites:

- At least 18 years old
- High School diploma, GED or HiSet
- U.S. Citizenship and/or authorization to work in the US required. Additional hiring restrictions may apply.*
- Preference given to those with previous welding experience or training
- Testing may be required

Thank you to our partners:



GENERAL DYNAMICS
Bath Iron Works

INTERVIEWS: General Dynamics Bath Iron Works will conduct job interviews with qualified applicants upon successful completion of the program.

**For More Information and to Get Started Now,
email workforceregistration@smccME.edu or call 207-741-5955**

Southern Maine Community College does not discriminate on the basis of race, color, religion, national origin, sex, sexual orientation, disability, age or marital, parental, or veteran's status in its programs and activities. For more information, please call 207-741-5798. *Applicants who are not US Citizens and are from prohibited countries as designated in the US International Traffic in Arms Regulations may be disqualified from working at GDBIW. For a current list of prohibited countries please visit the following website: https://www.eafr.gov/cgi-bin/text-idx?node=22:1.0.1.13.63&rgn=div0#22.1.126_11.